

SIZE CHART - INDEX

Title	Page
Men's Apparel	2
Women's Apparel	3
Sports Bras	4
Youth Apparel	
- Girls	5
- Boys	6
Toddler Apparel	
- Toddler Girls	7
- Toddler Boys	8
Men's, Youth & Women's Shoes	9
Men's & Women's Socks	10
Sources	11

MEN APPAREL SIZING

Chest

Size/ Talla	XS	S	M	L	XL	2XL	3XL
inches	32	34-36	38-40	42-44	46-48	50-52	54-56
cm	81-85	86-91	92-101	102-111	112-122	123-132	133-142

Waist

inches	26	28-30	32-34	36-38	40-42	44-46	48-50
cm	66-70	71-76	77-86	87-96	97-106	107-116	117-127

Pants Inseam

inches	29	30	31	32	32.5	33	33.5
cm	74	76	79	81	82.5	84	85

WOMEN APPAREL SIZING

Bust

Size/ Talla	XS	S	M	L	XL	2X
Apparel Size	0-2	4-6	8-10	12-14	16-18	20-22
inches	30-32	32.5-34.5	35-37	37.5-39.5	40-42	42.5-44.5
cm	76-81	82-87	88-94	95-100	101-106	107-113

Waist

inches	22-24	24.5-26.5	27-29	29.5-32.5	33-36	36.5-39.5
cm	55-61	62-67	68-73	74-82	83-91	92-100

Hips

inches	32-34	34.5-36.5	37-39	39.5-42.5	43-46	46.5-49.5
cm	81-86	87-92	93-99	100-108	109-117	118-125

Sports Bras

MAXIMUM SUPPORT	PERFECT FOR: Running, Cross-Training, Court & Field Sports and High Intensity Cardio					
	30	32	34	36	38	40

	30	32	34	36	38	40	42
A	XS*	XS/S*	S				
B	XS*	S	S/M	M	L	XL	XXL*
C		S	M	M/L	L/XL	XL/XXL*	XXL*
D			L	XL	XL/XXL*	XXL*	
DD				XL	XXL*		

*Size not available in all styles

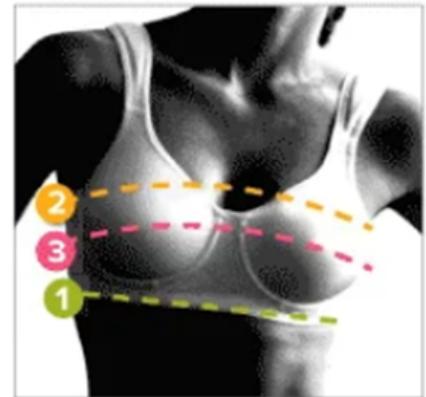
FIT MATTERS

1. FINDING YOUR BAND SIZE

- Measure snugly and evenly around or just below your existing band.
- Add 5 to that measurement and round up to the next even number. This measurement is your band size.

2. BAND MEASUREMENT ACCURACY

- To double-check your band size, measure around your torso below your armpits. If this measurement is close to the band measurement, then your measurements are accurate.



BUST SIZE

- Measure loosely around the fullest part of your bust, keeping the tape even.
- Subtract the band size from the bust size. The difference between the two measurements is your cup size. (See chart.)

DIFFERENCE	1"	2"	3"	4"	5"
CUP SIZE	A	B	C	D	DD

TEST FIT WITH YOUR ATHLETIC MOTION

- Imitate the intended activity to check fit and support.

YOUTH APPAREL SIZING

Girls

Height

Size/Talla	S		M		L	XL
	7	8	10	12	14	16
Inches	51-53	53-55	55-57	57-59	59-60.5	60.5-62.5
cm	129.5-134.6	134.6-139.7	139.7-144.7	144.7-149.8	149.8-153.6	153.6-158.7

Weight

pounds	50-57	57-67	67-77	77-87	87-97	97-107
kg	22.6-25.8	25.85-30.3	30.3-34.9	34.9-39.4	39.4-43.9	43.9-48.5

Chest

Inches	26.5	27.5	28.5	29.5	30.5	32.5
cm	67.3	69.8	72.3	74.9	77.4	82.5

Waist

Inches	22.5	23.5	24.5	25.5	26.5	28.5
cm	57.1	59.6	62.2	64.7	67.3	72.3

Hip

Inches	22.5	23.5	24.5	25.5	26.5	28.5
cm	57.1	59.6	62.2	64.7	67.3	72.3

Boys

Height

Size/Talla	S	M		L		XL	
	8	10	12	14	16	18	20
Inches	50-53.5	54-55.5	56-58	58.5-61	61-64	64.5-66	66.5-68
cm	127-135.8	137.1-140.9	142.2-147.3	148.5-154.9	154.9-162.5	163.8-167.6	168.9-172.7

Weight

pounds	55-60	60-73	74-87	88-100	101-115	116-126	127-138
kg	24.9-27.2	27.2-33.1	33.5-39.4	39.9-45.3	45.8-52.1	52.6-57.1	57.6-62.5

Chest

Inches	26.5	27	28	29.5	31	32.5	35
cm	67.3	68.5	71.1	74.9	78.7	82.5	88.9

Waist

Inches	24.5	25.5	26.5	27.5	29	30	32.5
cm	62.2	64.7	67.3	69.8	73.6	76.2	82.5

TODDLER APPAREL SIZING

TODDLER GIRLS SIZING

Height

Size/Talla	NA		S	M	L	XL
	2T	3T	4	5	6	6X
Inches	33-35.5	36-38.5	39-41.5	42-44.5	45-46.5	47-48.5
cm	83.8-90.1	91.4-97.7	99.0-105.4	106.6-113.0	114.3-118.1	119.3-123.1

Weight

pounds	26.5-30	31-34	32.5-37	37.5-42	42.5-48	48.5-54
kg	12.0-13.6	14.0-15.4	14.7-16.7	17.0-19.05	19.2-21.7	21.9-24.4

Chest

Inches	20.5	21	22	23	24	25
cm	52.0	53.3	55.8	58.4	60.9	63.5

Waist

Inches	21	21.5	21.5	22	22.5	23
cm	53.3	54.6	54.6	55.8	57.1	58.4

TODDLER BOYS SIZING

Height

Size/Talla	NA	NA	NA	NA	S	M	M	L
	2T	3T	4T	5T	4	5	6	7
inches	33-35.5	36-38.5	38-41.5	41.5-43.5	39-41.5	42-45	45-48	48-50
cm	83.8-90.1	91.4-97.7	96.5-105.4	105.4-110.4	99.0-105.4	106.6-114.3	114.3-121.9	121.9-127

Weight

pounds	26.5-30	31-34	34-38	38-42	32.5-37	37.5-45	45-48	48-50
kg	12.0-13.6	14.0-15.4	15.4-17.2	17.2-19.0	14.7-16.7	17.0-20.4	20.4-21.7	21.8-22.7

Chest

inches	20.5	21	22	23	22	23	24	26
cm	52.0	53.3	55.8	58.4	55.8	58.4	60.9	66.0

Waist

inches	21	21.5	22	22	21	22	22.5	23.5
cm	53.3	54.6	55.8	55.8	53.3	55.8	57.1	59.6

MEN, YOUTH & WOMEN SHOES SIZING

Men & Youth	Women	UK	Europe	Mexico
3.5	5	2.5	34.5	21.5
4	5.5	3	35	22
4.5	6	3.5	36	22.5
5	6.5	4	36.5	23
5.5	7	4.5	37	23.5
6	7.5	5	38	24
6.5	8	5.5	38.5	24.5
7	8.5	6	39	25
7.5	9	6.5	40	25.5
8	9.5	7	40.5	26
8.5	10	7.5	41	26.5
9	10.5	8	42	27
9.5	11	8.5	42.5	27.5
10	11.5	9	43	28
10.5	12	9.5	44	28.5
11	-	10	44.5	29
11.5	-	10.5	45	29.5
12	-	11	46	30
13	-	12	47	31
14	-	13	48	32
15	-	14	49	33
16	-	15	50	34

MEN & WOMEN SOCK SIZING

Men's

Shoe size	6-12	12-15
Sock size	10-13	12-14

Women's

Shoe size	5-9	8-12
Sock size	9-11	10-11

Sources

<https://www.champion.com/>