

SIZE CHART - INDEX

Title	Page
Men's	
- Footwear	3
- Clothing	4
- Men's Body Measurements	4
Women's	
- Shoes	5
- Clothing	6
- Bras	7
- Women's Body Measurements	7
Unisex	
- Shoes	8

Kids'	
- Toddler Footwear	9
- Little Kids Footwear	9
- Junior Footwear	10
- Infant + Toddler Clothing	10
- Little Kids Clothing	11
- Junior Clothing	11
Accessories' Sizing	
- Men's Socks	11-12
- Women's Socks	12
- Kids' Socks	12
Soccer Balls	13
Sources	13

Men's Sizing

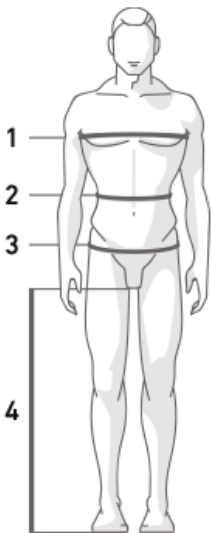
Men's Shoes

US	DE	UK	FR	IT	ES
6	38	5	38	38	38
6.5	38.5	5.5	38.5	38.5	38.5
7	39	6	39	39	39
7.5	40	6.5	40	40	40
8	40.5	7	40.5	40.5	40.5
8.5	41	7.5	41	41	41
9	42	8	42	42	42
9.5	42.5	8.5	42.5	42.5	42.5
10	43	9	43	43	43
10.5	44	9.5	44	44	44
11	44.5	10	44.5	44.5	44.5
11.5	45	10.5	45	45	45
12	46	11	46	46	46
12.5	46.5	11.5	46.5	46.5	46.5
13	47	12	47	47	47
14	48.5	13	48.5	48.5	48.5
15	49.5	14	49.5	49.5	49.5
16	51	15	51	51	51

US	DE	UK	FR	IT	ES
XXS	38	XXS	38	38	38
XS	40 - 42	XS	40 - 42	42	42
S	44 - 46	S	44 - 46	46	46
M	48 - 50	M	48 - 50	50	50
L	52 - 54	L	52 - 54	54	54
XL	56 - 58	XL	56 - 58	58	58
XXL	60 - 62	XXL	60 - 62	62	62
3XL	64 - 66	3XL	64 - 66	66	66

Men's Body Measurements

1 – Chest	Measure around the fullest part of your chest, wrapping underneath your arms.
2 – Waist	Measure around the narrowest part of your waist (typically about two fingers’ width above your belly button).
3 – Hips	Measure around the fullest part of your hips.
4 – Inseam	Measure the length from your hip to your ankle.



Women's Sizing

Women's Shoes

US	DE	UK	FR	IT	ES
5.5	35.5	3	35.5	35.5	35.5
6	36	3.5	36	36	36
6.5	37	4	37	37	37
7	37.5	4.5	37.5	37.5	37.5
7.5	38	5	38	38	38
8	38.5	5.5	38.5	38.5	38.5
8.5	39	6	39	39	39
9	40	6.5	40	40	40
9.5	40.5	7	40.5	40.5	40.5
10	41	7.5	41	41	41
10.5	42	8	42	42	42
11	42.5	8.5	42.5	42.5	42.5

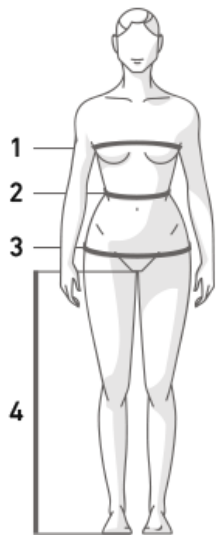
Women's Clothing

US	DE	UK	FR	IT	ES
XXS	32	6	34	38	36
XS	34	8	36	40	38
S	36	10	38	42	40
M	38	12	40	44	42
L	40	14	42	46	44
XL	42	16	44	48	46
XXL	44	18	46	50	48
3XL	46	20	48	52	50

SIZE	US	DE	UK	FR	IT	ES
XXS		65 - AB	30 - AB	65 - AB	65 - AB	65 - AB
XS		65 - CD	30 - CD	65 - CD	65 - CD	65 - CD
XS	32 - AB	70 - AB	32 - AB	70 - AB	70 - AB	70 - AB
S	32 - CD	70 - CD	32 - CD	70 - CD	70 - CD	70 - CD
S	34 - AB	75 - AB	34 - AB	75 - AB	75 - AB	75 - AB
M	34 - CD	75 - CD	34 - CD	75 - CD	75 - CD	75 - CD
M	36 - AB	80 - AB	36 - AB	80 - AB	80 - AB	80 - AB
L	36 - CD	80 - CD	36 - CD	80 - CD	80 - CD	80 - CD
L	38 - AB	85 - AB	38 - AB	85 - AB	85 - AB	85 - AB
XL	38 - CD	85 - CD	38 - CD	85 - CD	85 - CD	85 - CD

Women's Body Measurements

1 - Bust	Measure around the fullest part of your bust, wrapping underneath your arms.
2 - Waist	Measure around the narrowest part of your waist (typically about two fingers' width above your belly button).
3 - Hips	Measure around the fullest part of your hips.
4 - Inseam	Measure the length from your hip to your ankle.



Unisex Sizing

Unisex Shoes

Unisex products run in men’s sizes only. Women should order 1.5 sizes down from their usual size.

MEN	WOMEN
4	5.5
4.5	6
5	6.5
5.5	7
6	7.5
6.5	8
7	8.5
7.5	9
8	9.5

Kids' Sizing

Toddler Shoes

US	Length	DE	UK	FR	IT	ES
4	4.75 in	19	3	19	19	19
5	5 in	20	4	20	20	20
6	5.5 in	22	5	22	22	22
7	5.75 in	23	6	23	23	23
8	6.125 in	24	7	24	24	24
9	6.25 in	25	8	25	25	25
10	6.5 in	27	9	27	27	27

Little Kids Shoes

US	Length	DE	UK	FR	IT	ES
10.5	6.625 in	27.5	9.5	27.5	27.5	27.5
11	6.75 in	28	10	28	28	28
12	7.125 in	29	11	29	29	29
13	7.5 in	31	12	31	31	31
1	7.75 in	32	13	32	32	32
1.5	8 in	32.5	13.5	32.5	32.5	32.5
2	8.125 in	33	1	33	33	33
2.5	8.25 in	34	1.5	34	34	34
3	8.5 in	34.5	2	34.5	34.5	34.5
3.5	8.625 in	35	2.5	35	35	35

Junior Shoes

US	Length	DE	UK	FR	IT	ES
4	8.75 in	35.5	3	35.5	35.5	35.5
4.5	9 in	36	3.5	36	36	36
5	9.125 in	37	4	37	37	37
5.5	9.25 in	37.5	4.5	37.5	37.5	37.5
6	9.5 in	38	5	38	38	38
6.5	9.625 in	38.5	5.5	38.5	38.5	38.5
7	9.75 in	39	6	39	39	39

Infant + Toddler Clothing

US	Age	DE	UK	FR	IT	ES
0/3M	0 - 3 mos	62	2 - 4M	B3	62	B3
3/6M	3 - 6 mos	68	4 - 6M	B6	68	B6
6/9M	6 - 9 mos	74	6 - 7M	B12	74	B12
12M	9 - 12 mos	80	9 - 12M	B18	80	B18
18M	12 - 18 yrs	86	12 - 18M	2	86	2
2T	1 - 2 yrs	92	1 - 2Y	2 1/2	92	2 1/2
3T	2 - 3 yrs	98	2 - 3Y	3	98	3
4T	3 - 4 yrs	104	3 - 4Y	4	104	4

Little Kids' Clothing

US	Age	DE	UK	FR	IT	ES
4	3 - 4 yrs	104	3 - 4Y	4	104	4
5	4 - 5 yrs	110	4 - 5Y	5	110	5
6	5 - 6 yrs	116	5 - 6Y	6	116	6
6X/7	7 - 8 yrs	128	7 - 8Y	8	128	8
XS	7 - 8 yrs	128	7 - 8Y	8	128	8

Junior Clothing

US	Age	DE	UK	FR	IT	ES
S	9 - 10 yrs	140	9 - 10Y	10	140	10
M	11 - 12 yrs	152	11 - 12Y	12	152	12
L	13 - 14 yrs	164	13 - 14Y	14	164	14
XL	15 - 16 yrs	176	15 - 16Y	16	176	16
XXL	16 - 17 yrs	188	16 - 17Y	18	188	18

Accessories' Sizing

Men's Socks

US	DE	UK	FR	IT	ES
10 - 13	39 - 42	6 - 8	39 - 42	39 - 42	39 - 42
10 - 13	43 - 46	9 - 11	43 - 46	43 - 46	43 - 46
-	47 - 49	12 - 14	47 - 49	47 - 49	47 - 49

Men's Socks

Sock Size	Shoe Size
10 - 13	6 - 12

Women's Socks

US	DE	UK	FR	IT	ES
5 - 9.5	35 - 38	2.5 - 5	35 - 38	35 - 38	35 - 38
5 - 9.5	39 - 42	6 - 8	39 - 42	39 - 42	39 - 42

Kids' Socks

US	DE	UK	FR	IT	ES
5 - 6.5	19 - 22	3 - 5	19 - 22	19 - 22	19 - 22
5 - 6.5	23 - 26	6 - 8.5	23 - 26	23 - 26	23 - 26
7 - 8.5	27 - 30	9 - 11.5	27 - 30	27 - 30	27 - 30
7 - 8.5	31 - 34	12 - 1.5	31 - 34	31 - 34	31 - 34
9 - 11	35 - 38	2.5 - 5	35 - 38	35 - 38	35 - 38
9 - 11	39 - 40	6 - 8	39 - 42	39 - 42	39 - 42

Kids' Socks

Sock Size	Age Group	Shoe Size
5-6.5	Toddlers	4 - 10
7-8.5	Little Kids	10.5 - 3.5
9-11	Juniors	4 - 7

Size	Circumference	Age
3	23 - 24 in	8 years and under
4	25 - 26 in	8 - 12 years
5	27 - 28 in	12 years and up

Sources:

<https://ca.puma.com/ca/en/size-charts.html>