

## SIZE CHART - INDEX

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## Men's PRO Footwear

USA	EU	UK	IN	CM
6	30	5	9.45	24
6.5	38.5	5.5	9.84	25
7	39	6	9.84	25
7.5	40	6.5	10.24	26
8	41	7	10.24	26
8.5	41.5	7.5	10.43	26.5
9	42	8	10.63	27
9.5	42.5	8.5	10.83	27.5
10	43	9	11.02	28
10.5	43.5	9.5	11.22	28.5
11	44	10	11.42	29
11.5	45	10.5	11.61	29.5
12	46	11	11.81	30
13	47	12	12.2	31
14	48	13	12.6	32
15	49	14	12.99	33
16	50	15	13.39	34
17	51	16	13.78	35
18	52	17	14.17	36
19	53	18	14.57	37
20	54	19	14.96	38

## Women's PRO Footwear

USA	EU	UK	IN	CM
5	35	2.5	8.66	22
5.5	36	3	8.86	22.5
6	36.5	3.5	9.06	23
6.5	37	4	9.25	23.5
7	37.5	4.5	9.45	24
7.5	38	5	9.45	24
8	38.5	5.5	9.84	25
8.5	39	6	9.84	25
9	40	6.5	10.24	26
9.5	41	7	10.24	26
	41.5	7.5		
10	42	8	10.63	27
	42.5	8.5		
11	43	9	11.02	28
	43.5	9.5		
12	44	10	11.42	29

# Timberland PRO® Workwear Size Chart

<b>Chest</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>	<b>X-Large</b>	<b>2X-Large</b>
Inches	34-36	38-40	42-44	46-48	50-52
Centimeters	86-91	97-101	107-112	117-122	127-132

<b>Waist</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>	<b>X-Large</b>	<b>2X-Large</b>
Inches	29-31	32-34	36-38	40-42	44-46
Centimeters	74-79	81-86	91-97	102-107	112-117

<b>Sleeve</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>	<b>X-Large</b>	<b>2X-Large</b>
Inches	33-34	34-35	35-36	36-37	37-38
Centimeters	84-86	86-89	89-91	91-94	94-97

<b>Hip</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>	<b>X-Large</b>	<b>2X-Large</b>
Inches	36-38	38-40	42-44	46-48	50-52
Centimeters	91-97	97-102	107-112	117-122	94-97

<b>Neck</b>	<b>Small</b>	<b>Medium</b>	<b>Large</b>	<b>X-Large</b>	<b>2X-Large</b>
Inches	14-14.5	15-15.5	16-16.5	17-17.5	18-18.5
Centimeters	36-37	38-39	41-42	43-44	45-47

## How to Measure Yourself for a Great Fit

Hint: for the most accurate results, measure yourself in your undergarments.

**Waist:** Measure around your waist, slightly below your natural waist, where you normally wear your pants. Insert your forefinger between the tape and your body to allow ease in fit.

**Chest:** Measure around the fullest part of your chest, keeping tape firmly under your armpits and around your shoulder blades.

**Sleeve Length:** Bend your arm slightly. Measure from center back neck, across your shoulder, down to your elbow, down to your wrist.

**Neck:** Measure around the base of your neck, inserting your forefinger between the tape and your neck to allow ease in fit.

**Inseam:** Measure a similar pant that fits you well. Measure along the inseam, from the crotch seam to the bottom of the hem.



## Sources:

<https://help.timberland.com/hc/en-us/articles/115001358214-Timberland-PRO-Footwear-Size-Chart>

<https://help.timberland.com/hc/en-us/articles/115001999853-Timberland-PRO-Workwear-Size-Chart>