

SIZE CHART - INDEX

Title	Page
Apparel	
- Men's	3
- Women's	4
- Kids'	5
Footwear	
- Infants	6
- Juniors	6
- Men's	7
- Women's	7
Adult socks	8
Junior socks	8
Protex Grip socks	8

Outerstuff - Girls / Boys / Men / Women	9
Sources	9

CARING FOR YOUR KIT

Umbro’s commitment to the very highest standards in tailoring performance apparel means that our kits are not only technologically advanced but also resilient.

Included here are a few advisory notes intended to help you to preserve the life and colour of your kit.

- All garments may be subject to some discolouring as of general wear and only partially washed off mud and grass.
- Follow garment care labels to minimise any colour loss or change.
- Try to avoid leaving kit bundled together and scrunched up when damp.
- Do not overfill washing machines as dirt can re-deposit causing discolouration.
- After use, soak in warm water with appropriate (non-chlorine bleach based) detergent for approx 2 hours prior to washing in machine. This will help in removal of stains and reduce the chance of colour loss.
- Umbro will not accept liability for any discolouration derived from foreign elements other than those used in the manufacturing of the material.
- Washing above 40 degrees or tumble drying garments/applications will seriously damage the products. Umbro will accept no liability should damage occur as a result.

Apparel
Men’s

Chest:
Tops & Sult

SIZE	INCHES	CMS
S	35/37	89/94
M	38/40	97/102
L	41/43	104/109
XL	44/46	112/117
XXL	47/49	119/124
3XL	50/52	127/132
4XL	53/55	135/140
5XL	56/58	142/147

Walst:
Trousers & Shorts

SIZE	INCHES	CMS
S	30/32	76/81
M	32/34	81/86
L	34/36	86/92
XL	36/38	92/97
XXL	38/40	97/102
3XL	40/42	102/107
4XL	42/44	107/112
5XL	44/46	112/117

Women's

Chest/Bust

SIZE	SIZE	INCHES	CMS
XS	8	30	76
S	10	32	81
M	12	34	86.5
L	14	36	91.5
XL	16	38	96.5
XXL	18	40	101.1
XXXL	20	42	106.1

HIP

SIZE	SIZE	INCHES	CMS
XS	8	33	84
S	10	35	89
M	12	37	94
L	14	39	99
XL	16	41	104
XXL	18	43	109
XXXL	20	45	114

Waist

SIZE	SIZE	INCHES	CMS
XS	8	23	58.5
S	10	25	63.5
M	12	27	68.5
L	14	29	73.5
XL	16	31	79
XXL	18	33	84
XXXL	20	35	89

Kids'

Chest:
Tops & Sult

SIZE	AGE	INCHES	CMS
YXS	6/7	25/26	64/66
YS	7/8	26/27	67/69
YM	9/10	28/29	72/74
YL	11/12	30/31	77/79
YXL	13	32/33	82/84

Helght

SIZE	AGE	CMS
YXS	6/7	122
YS	7/8	134
YM	9/10	146
YL	11/12	152
YXL	13	158

Walst:
Trousers & Shorts

SIZE	AGE	INCHES	CMS
YXS	6/7	19/21	49/53
YS	7/8	21/22	52/56
YM	9/10	22/24	56/61
YL	11/12	24/26	61/66
YXL	13	26/27	66/69

Footwear

Infants				
USA	UK	JAPAN	BRAZIL	EUR
3.5C	3	9.5	18	19
4C	3.5	10	18.5	19.5
4.5C	4	10.5	19	20
5C	4.5	11	20	21
5.5C	5	11.5	20.5	21.5
6C	5.5	12	21	22
6.5C	6	12.5	22	22.5
7C	6.5	13	22.5	23.5
7.5C	7	13.5	23	24
8C	7.5	14	24	25

Juniors				
USA	UK	JAPAN	BRAZIL	EUR
8.5C	8	14.5	24.5	25.5
9C	8.5	15	25	26
9.5C	9	15.5	25.5	26.5
10C	9.5	16	26	27
10.5C	10	16.5	26.5	27.5
11C	10.5	17	27	28
11.5C	11	17.5	28	28.5
12C	11.5	18	28.5	29.5
12.5C	12	18.5	29	30
13C	12.5	19	30	31
13.5C	13	19.5	30.5	31.5
1Y	13.5	20	31	32
1.5Y	1	20.5	32	33
2Y	1.5	21	32.5	33.5
2.5Y	2	21.5	33	34
3Y	2.5	22	33.5	35
3.5Y	3	22.5	34	35.5
4Y	3.5	23	34.5	36
4.5Y	4	23.5	35	36.5
5Y	4.5	23.5	35.5	37.5
5.5Y	5	24	36	38
6Y	5.5	24	37	38.5
6.5Y	6	24.5	37.5	39
7Y	6	25	38	40
7.5Y	6.5	25.5	39	40.5
8Y	7	26	39.5	41

Men's				
USA	UK	JAPAN	BRAZIL	EUR
0.5	0	19.5	30.5	32
1	0.5	20	31	32.5
1.5	1	20.5	32	33
2	1.5	21	32.5	33.5
2.5	2	21.5	33	34
3	2.5	22	33.5	35
3.5	3	22.5	34	35.5
4	3.5	23	34.5	36
4.5	4	23.5	35	36.5
5	4.5	23.5	35.5	37.5
5.5	5	24	36	38
6	5.5	24	37	38.5
6.5	6	24.5	37.5	39
7	6	25	38	40
7.5	6.5	25.5	39	40.5
8	7	26	39.5	41
8.5	7.5	26.5	40	42
9	8	27	40.5	42.5
9.5	8.5	27.5	41	43
10	9	28	42	44
10.5	9.5	28.5	42.5	44.5
11	10	29	43	45
11.5	10.5	29.5	43.5	45.5
12	11	30	44	46
12.5	11.5	30.5	45	47
13	12	31	46	47.5

Women's				
USA	UK	JAPAN	BRAZIL	EUR
5.5	3	22.5	34	36
6	3.5	23	35	36.5
6.5	4	23.5	35.5	37.5
7	4.5	24	36	38
7.5	5	23.5	37	38.5
8	5.5	25	37.5	39
8.5	6	25.5	38	40
9	6.5	26	39	40.5
9.5	7	26.5	39.5	41
10	7.5	27	40	42
10.5	8	27.5	40.5	42.5

ADULT SOCKS

SIZE	SHOE SIZE	EURO SIZE
Large	7-12	40-46

JUNIOR SOCKS

SIZE	SHOE SIZE	EURO SIZE
B	12-2	29-34
LB	2-7	34-41

PROTEX GRIP SOCKS

SIZE	SHOE SIZE	EURO SIZE
Medium	4-7	37-41
Large	8-11	42-46
Extra Large	12-14	47+

Outerstuff Size Chart

Girls				
	7/8	10/12	14	16
Height	50-57"	57-63"	63-65"	65-67"
Chest	28	30.75	32.5	34.25
Waist	24.25	25.75	26.5	27.5
Hip	30.25	33	34.5	36.5

Boys				
	8	10/12	14/16	18
Height	50-55"	55-60"	60-65"	65-69"
Chest	28	30.75	34	36
Waist	25	26.75	28.75	30
Hip	29.25	32	35	37

Womens						
	XS	S	M	L	XL	XXL
Chest	32	34	36	39	42 1/2	44 1/2
Waist	24	26	28	31	34 1/2	36 1/2
Hip	34 1/2	36 1/2	38 1/2	41 1/2	45	47

Mens						
	S	M	L	XL	XXL	XXXL
Chest	36	40	44	48	52	56
Waist	30	34	38	43	48	54
Hip	36	40	44	48	52	56

Sources:

<https://www.umbro.co.uk/customer-care/size-guides>